

CHAMBERS CO. LIBRARY ADULT PROGRAMS

JANUARY

GAME DAY FOR GROWNUPS - Jan. 8, 15, 22, 29
Every Wednesday, 1:30 - 5 pm



Join us for Game Day for Grown Ups. The library will provide a variety of board and card games or bring your own for a fun time with friends.

BINGO FOR GROWN UPS
Friday, January 17, 11 am
REGISTRATION IS REQUESTED
by calling 334-768-2161



or email programs@chamberscountylibrary.org
Adults are invited to come at 11 a.m. to play Bingo for fun and prizes.

ONE-ON-ONE TECH HELP
WITH CHARLES

Tues., Jan 21, 10:30 am - 12:30 pm

Get one-on-one tech help with your laptop, smart phone, Chrome device, etc.



LUNCH N LEARN - "EAMC-Lanier: What It Means to Be a Rural Emergency Hospital"



presented by Ashley Beck, Melanie Mooney & Greg Nichols from EAMC
Thursday, Jan 23, 12 pm

Lunch is served at 11:30 am

PLEASE REGISTER for lunch, please call 334-768-2161

or email programs@chamberscountylibrary.org

Join EAMC staff to learn more about what it means to be a rural emergency hospital; why the change and what was the process to become a rural emergency hospital.

Be sure to come back on Jan 29 for an "In the Know" session when staff from the nursing home, lab, radiology, ER, ambulatory surgery and physical therapy will be here discuss specific services.

CRAFTS for GROWN-UPS with Dot & Connie
DECORATED CAKE CARRIER



Monday, January 27, 11 am

FREE - REGISTRATION (REQUIRED)

Personalize and decorate your own cake carrier.
All supplies are provided.

Email programs@chamberscountylibrary.org or call 334-768-2161 to register for this program

BOOK CLUB - Monday, January 27, 1 pm

The Covenant of Water
by Abraham Verghese

Enjoy snacks and discuss this month's book selection. Copies of the book are available for check out at the desk.



IN THE KNOW SERIES - Service Lines at EAMC-Lanier Rural Emergency Hospital



presented by EAMC staff members

Wed., Jan 29, 11 am - 12:30 pm

Staff from the nursing home, lab, radiology, ER, ambulatory surgery and physical therapy departments will be here discuss specific services.

REGISTRATION IS REQUESTED.

To register, stop by in person, call 334-768-2161 or email programs@chamberscountylibrary.org.



LIBRARY TRAVELERS TRIPS

To Be Announced

Continued on back

FEBRUARY

GAME DAY FOR GROWNUPS - Feb 5, 12, 19, 26
Every Wednesday, 1:30 - 5 pm



Join us for Game Day for Grown Ups. The library will provide a variety of board and card games or bring your own for a fun time with friends.

BASKET MAKING FOR GROWN-UPS with PAT
Mon., Feb 3, 11 am - 2 pm | Cost \$5



This session is for adults interested in basket making - beginner, intermediate or advanced. To register, email programs@chamberscountylibrary.org or call 334-768-2161

IN THE KNOW SERIES - Diabetes Education
four session presented by AJ Hadaway from Valley Pharmacy



Wednesday, February 5, 11 am - 12 pm

Feb. 5 - Healthy Eating, Feb 12 - Taking Medication and Monitoring, Feb 19 - Being Active & Risk Reduction, Feb 26 - Healthy Coping & Problem Solving

Enter door prize drawings each week and enjoy a snack. Attendees of all 5 sessions entered in \$100 gift card drawing.

REGISTRATION IS REQUESTED.

To register, stop by in person, call 334-768-2161 or email programs@chamberscountylibrary.org.

CRAFTS for GROWN-UPS



Guided Painting with Jade

Winter Birdhouse with acrylic paints

Monday, February 10, 11 am

All materials are provided free of charge.

REGISTRATION IS REQUIRED. SPACE IS LIMITED

IN THE KNOW SERIES - Diabetes Education
four session presented by AJ Hadaway from Valley Pharmacy



Wednesday, February 12, 11 am - 12 pm

Feb. 5 - Healthy Eating, Feb 12 - Taking Medication and Monitoring, Feb 19 - Being Active & Risk Reduction, Feb 26 - Healthy Coping & Problem Solving

Enter door prize drawings each week and enjoy a snack. Attendees of all 5 sessions entered in \$100 gift card drawing.

REGISTRATION IS REQUESTED.

To register, stop by in person, call 334-768-2161 or email programs@chamberscountylibrary.org.

FUN FRIDAY FOR GROWN-UPS

"LOVE MY LIBRARY" VALENTINE PARTY



Join us for fun Valentine activities and treats.

Friday, February 14, 11 am

REGISTRATION REQUIRED

To register, email programs@chamberscountylibrary.org, stop by the library or call 334-768-2161

ONE-ON-ONE TECH HELP
WITH CHARLES

Tues., Feb 18, 10:30 am - 12:30 pm

Get one-on-one tech help with your laptop, smart phone, Chrome device, etc.



IN THE KNOW SERIES - Diabetes Education
four session presented by AJ Hadaway from Valley Pharmacy

Wednesday, February 19, 11 am - 12 pm

Feb. 5 - Healthy Eating, Feb 12 - Taking Medication and Monitoring, Feb 19 - Being Active & Risk Reduction, Feb 26 - Healthy Coping & Problem Solving

Enter door prize drawings each week and enjoy a snack. Attendees of all 5 sessions entered in \$100 gift card drawing.

REGISTRATION IS REQUESTED.

To register, stop by in person, call 334-768-2161 or email programs@chamberscountylibrary.org.



BOOK CLUB - Mon., Feb 24, 1 pm

Swift River by Essie Chambers

Enjoy snacks discuss this month's book selection. Copies of the book are available for check out at the desk.

IN THE KNOW SERIES - Diabetes Education

four session presented by AJ Hadaway from Valley Pharmacy



Wednesday, February 26, 11 am - 12 pm

Feb. 5 - Healthy Eating, Feb 12 - Taking Medication and Monitoring, Feb 19 - Being Active & Risk Reduction, Feb 26 - Healthy Coping & Problem Solving

Enter door prize drawings each week and enjoy a snack. Attendees of all 5 sessions entered in \$100 gift card drawing.

REGISTRATION IS REQUESTED.

To register, stop by in person, call 334-768-2161 or

MARCH

BASKET MAKING FOR GROWN-UPS with PAT

Mon., Mar 3, 11 am - 2 pm | Cost \$5

This session is for adults interested in basket making - beginner, intermediate or advanced. To register, email programs@chamberscountylibrary.org or call 334-768-2161



GAME DAY FOR GROWNUPS - March 5, 12, 19, 26

Every Wednesday, 1:30 - 5 pm



Join us for Game Day for Grown Ups. The library will provide a variety of board and card games or bring your own for a fun time with friends.

IN THE KNOW SERIES

THE AGING BRAIN - a 3-part series

presented by Dr. Jason Chang

Wed., March 12, 11 am - 12:30 pm



Explore the structure and function of the aging brain, providing insights into age-related cognitive changes, memory, and the effects of aging. Participants will learn practical strategies for maintaining brain health as they navigate the aging process.

Presented by Jason Chang, Ph.D. Dr. Chang is a retired member of the faculty from the University of Arkansas for Medical Sciences.

Enter door prize drawings each week and enjoy a snack. Attendees of all 3 sessions entered in \$100 gift card drawing.

REGISTRATION IS REQUESTED.

To register, stop by in person; call 334-768-2161 or email programs@chamberscountylibrary.org



FUN FRIDAY FOR GROWN-UPS

Celebrate to Infinity on Pi (3.14) Day

Fun activities with Pi and pie.

Friday, March 14, 11 am

REGISTRATION REQUIRED

To register, email programs@chamberscountylibrary.org, stop by the library or call 334-768-2161



CRAFTS for GROWN-UPS with Dot & Connie

Trinket Shell Holder

Monday, March 17, 11 am

Create a trinket holder for your rings & things.

REGISTRATION (REQUIRED)

Email programs@chamberscountylibrary.org or call 334-768-2161 to register for this program.

IN THE KNOW SERIES

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IN THE KNOW SERIES

THE AGING BRAIN - a 3-part series

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Wed., March 26, 11 am - 12:30 pm

Explore the structure and function of the aging brain, providing insights into age-related cognitive changes, memory, and the effects of aging. Participants will learn practical strategies for maintaining brain health as they navigate the aging process.

REGISTRATION IS REQUESTED.

To register, stop by in person; call 334-768-2161 or email programs@chamberscountylibrary.org

LUNCH N LEARN - presented by

DOLORES HYDOCK

"STARCH IN THEIR PETTICOATS: TRUE STORIES OF STRONG WOMEN WHO SETTLED THE WEST"

Thursday, March 27, 12 pm

Lunch provided by Friends of the Library is served at 11:30 am

PLEASE REGISTER by calling 334-768-2161

or email programs@chamberscountylibrary.org



They were tough, resourceful, and ready for anything -- women of guts and gusto who settled the American West. They were pioneers, homesteaders, pistol-packin' card sharks, entertainers, and "upstairs girls," but they all played a part in putting the shine in the Golden West of the 1800s. Photographs, diary excerpts, letters, and newspaper articles of the day help bring their stories to life.

BOOK CLUB - Mon., March 31, 1 pm

Counting Miracles by Nicholas Sparks

Enjoy snacks discuss this month's book selection. Copies of the book are available for check out at the desk.



APRIL

GAME DAY FOR GROWNUPS - April 2, 9, 16

Every Wednesday, 1:30 - 5 pm



Join us for Game Day for Grown Ups. The library will provide a variety of board and card games or bring your own for a fun time with friends.

BASKET MAKING FOR GROWN-UPS with PAT

Thursday, April 10, 11 am - 2 pm | Cost \$5

This session is for adults interested in basket making - beginner, intermediate or advanced. To register, email programs@chamberscountylibrary.org or call 334-768-2161



ONE-ON-ONE TECH HELP

WITH CHARLES

Tues., April 15, 10:30 am - 12:30 pm

Get one-on-one tech help with your laptop, smart phone, Chrome device, etc.



LUNCH N LEARN - presented by Ruth Cook

TOPIC TO BE ANNOUNCED

Thursday, April 17, 12 pm

Lunch provided by Friends of the Library is served at 11:30 am

PLEASE REGISTER by calling 334-768-2161

or email programs@chamberscountylibrary.org



FUN FRIDAY FOR GROWN-UPS

Puzzle Me This

Friday, April 18, 11 am

REGISTRATION REQUIRED

To register, email programs@chamberscountylibrary.org, stop by the library or call 334-768-2161

BOOK CLUB - Mon., Apr. 28, 1 pm

All the Colors of the Dark

by Chris Whitaker

Enjoy snacks discuss this month's book selection. Copies of the book are available for check out at the desk.

